

# Dead Doctors Don't Lie Program 11 April 2011

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## Monologue

Dr. Wallach starts the show discussing the 80 million baby boomers that are set to start hitting the Medicare health system. Many health experts are predicting epidemics of obesity, arthritis, heart disease, cancer and Alzheimer's within this group. Doc asserts that this does not have to happen contending these are all preventable health challenges.

## Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news articles concerning a study on medical mistakes in the U.S. health system. The study compared two older methods of tracking medical errors with a newer system. The research team looked at the records of nearly 800 patients at three hospitals and compared the three tracking methods on the same records. The team found the "voluntary reporting system" found four errors, the system used by the "Agency for Healthcare Research" detected 35 errors. While the newest system called the "global trigger tool" where a third party evaluated the records using a quality checklist found 354 errors out of 795 records reviewed.

## Callers

- Jay has several health challenges including insomnia, fibromyalgia, anxiety, depression and chronic fatigue.
- Susie has a friend with scoliosis who is not experiencing regular periods during her menstrual cycle.
- Bernie has been diagnosed with a torn bicep muscle and a dislocated rotator cuff.
- Carol has lupus and is looking for a nutritional supplementation plan.
- Kathy has been diagnosed with high blood pressure.

**Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.**

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