

# All Stressors by Category

## ALL STRESSOR VIRTUAL ITEMS RESPONSES BY CATEGORY

### Core Wellness Stressor Collections

- 79.80 **Hormonal/Endocrine System**
- 79.79 **Immune System**
- 70.90 **Gastrointestinal System**
- 1.20 **Detoxification System**

### Detoxification System

- 87.78 **Lymph Nodes**
- 79.69 **Bacteria**
- 78.53 **Anger**
- 78.28 **Respiratory System**
- 75.73 **Electromagnetic**
- 74.59 **Parasites**
- 74.42 **Viruses**
- 70.90 **Gastrointestinal System**
- 69.29 **Lung**
- 65.37 **Heavy Metals**
- 64.39 **Mycotoxins**
- 63.05 **Cardiovascular System**
- 48.35 **Lymphatic System**
- 46.02 **Skin**
- 38.62 **Chemicals**
- 35.64 **Kidneys**
- 30.34 **Toxic Stress**
- 23.75 **Herbicides**
- 23.48 **Candida Albicans**
- 20.84 **Fungi/Molds**
- 15.67 **Pesticides/Insecticides**
- 15.50 **Diet & Nutrition**
- 13.19 **Water Contaminants**
- 6.15 **Liver**

### Diet & Nutrition

- 75.20 **Essential Fatty Acids (EFAs)**
- 72.36 **Amino Acids**
- 70.14 **Antibiotics**
- 67.69 **Probiotic Bacteria**
- 54.49 **Glyphosate**
- 45.99 **Food Stressors Additives**
- 40.99 **Artificial Sugars & Sweeteners**
- 35.39 **Minerals**
- 32.26 **Digestive Enzymes**
- 23.75 **Herbicides**
- 21.66 **Vitamins**
- 21.31 **Endocrine Disruptors**
- 15.67 **Pesticides/Insecticides**

### Emotions Balance

- 84.01 **Frustration**



- 78.53 **Anger**
- 77.58 **Sadness**
- 73.33 **Impatient**
- 68.83 **Grief**
- 66.84 **Mistrustful**
- 66.07 **Worry**
- 61.78 **Greed**
- 60.17 **Helpless**
- 60.06 **Lonely**
- 56.25 **Blame**
- 47.71 **Fear**
- 47.00 **Tense**
- 43.56 **Envy**
- 36.42 **Ashamed**
- 34.62 **Hate**
- 29.24 **Complacency**
- 27.67 **Anxiety**
- 25.80 **Guilty**
- 25.73 **Jealous**
- 23.45 **Resentful**
- 22.53 **Exhausted**
- 1.35 **Hopeless**

**Gastrointestinal System**

- 113.01 **Large Intestine**
- 84.50 **Stomach**
- 79.69 **Bacteria**
- 78.92 **Hydration**
- 78.37 **Intestinal Mucosal Membrane**
- 78.05 **Esophagus (Oesophagus)**
- 75.23 **Small Intestine**
- 74.59 **Parasites**
- 74.42 **Viruses**
- 72.36 **Amino Acids**
- 70.14 **Antibiotics**
- 68.83 **Grief**
- 67.69 **Probiotic Bacteria**
- 64.39 **Mycotoxins**
- 63.64 **Mental/Emotional Stress**
- 59.66 **Pancreas**
- 54.49 **Glyphosate**
- 45.99 **Food Stressors Additives**
- 35.39 **Minerals**
- 32.26 **Digestive Enzymes**
- 32.05 **Gallbladder**
- 23.48 **Candida Albicans**
- 21.66 **Vitamins**
- 20.84 **Fungi/Molds**
- 20.44 **Inflammation**
- 6.15 **Liver**

**Hormonal/Endocrine System**

- 90.26 **Pineal Gland**
- 84.50 **Stomach**



- 78.34 **Progesterone**
- 77.39 **Thyroid**
- 75.20 **Essential Fatty Acids (EFAs)**
- 67.69 **Probiotic Bacteria**
- 67.01 **Adrenal Glands**
- 66.36 **Prostate**
- 60.42 **Pregnenolone**
- 60.05 **Adrenalin**
- 59.66 **Pancreas**
- 59.66 **DHEA (Dehydroxyepiandrosterone)**
- 59.10 **Testosterone**
- 50.91 **Testes**
- 47.40 **Estrogen**
- 46.81 **Parathyroid Gland**
- 46.02 **Skin**
- 35.64 **Kidneys**
- 35.25 **Thymus**
- 35.00 **Pituitary Gland**
- 25.18 **Sleep**
- 21.31 **Endocrine Disruptors**
- 15.50 **Diet & Nutrition**
- 6.15 **Liver**

#### Hydration

- 79.79 **Immune System**
- 75.28 **Colon**
- 70.90 **Gastrointestinal System**
- 63.57 **Melatonin**
- 59.10 **Testosterone**
- 54.49 **Glyphosate**
- 53.85 **Tryptophan**
- 35.64 **Kidneys**
- 25.18 **Sleep**
- 23.75 **Herbicides**
- 21.31 **Endocrine Disruptors**
- 15.67 **Pesticides/Insecticides**
- 13.19 **Water Contaminants**
- 6.15 **Liver**
- 3.95 **Urinary Bladder**
- 1.20 **Detoxification System**

#### Immune System

- 113.01 **Large Intestine**
- 87.78 **Lymph Nodes**
- 83.87 **Bone Marrow**
- 79.69 **Bacteria**
- 78.53 **Anger**
- 77.39 **Thyroid**
- 74.42 **Viruses**
- 70.90 **Gastrointestinal System**
- 70.14 **Antibiotics**
- 68.83 **Grief**
- 67.69 **Probiotic Bacteria**
- 67.01 **Adrenal Glands**



- 64.10 **Adenoids**
- 63.64 **Mental/Emotional Stress**
- 54.49 **Glyphosate**
- 48.35 **Lymphatic System**
- 46.02 **Skin**
- 36.57 **Tonsils**
- 36.42 **Ashamed**
- 35.25 **Thymus**
- 25.80 **Guilty**
- 20.44 **Inflammation**
- 10.65 **Appendix**
- 6.15 **Liver**
- 3.75 **Spleen**

#### Inflammation

- 113.01 **Large Intestine**
- 88.00 **Joints/Connective Tissue**
- 79.79 **Immune System**
- 79.69 **Bacteria**
- 78.53 **Anger**
- 77.39 **Thyroid**
- 75.20 **Essential Fatty Acids (EFAs)**
- 74.59 **Parasites**
- 74.42 **Viruses**
- 70.90 **Gastrointestinal System**
- 68.83 **Grief**
- 63.05 **Cardiovascular System**
- 54.49 **Glyphosate**
- 45.99 **Food Stressors Additives**
- 40.99 **Artificial Sugars & Sweeteners**
- 32.05 **Gallbladder**
- 25.80 **Guilty**
- 6.15 **Liver**

#### Lymphatic System

- 87.78 **Lymph Nodes**
- 79.79 **Immune System**
- 79.69 **Bacteria**
- 78.92 **Hydration**
- 76.00 **Movement**
- 75.20 **Essential Fatty Acids (EFAs)**
- 74.59 **Parasites**
- 74.42 **Viruses**
- 70.90 **Gastrointestinal System**
- 67.69 **Probiotic Bacteria**
- 64.10 **Adenoids**
- 63.05 **Cardiovascular System**
- 58.01 **Integumentary System**
- 47.98 **Urinary System**
- 47.71 **Fear**
- 39.79 **Serrapeptase**
- 36.57 **Tonsils**
- 35.25 **Thymus**
- 32.26 **Digestive Enzymes**



- 26.29 **Lymphatic Vessels**
- 23.48 **Candida Albicans**
- 20.44 **Inflammation**
- 3.75 **Spleen**

**Mental/Emotional Stress**

- 79.80 **Hormonal/Endocrine System**
- 79.79 **Immune System**
- 77.39 **Thyroid**
- 75.20 **Essential Fatty Acids (EFAs)**
- 72.36 **Amino Acids**
- 70.14 **Antibiotics**
- 67.69 **Probiotic Bacteria**
- 67.01 **Adrenal Glands**
- 63.05 **Cardiovascular System**
- 62.66 **Cortisol**
- 60.05 **Adrenalin**
- 55.47 **Hypothalamus Gland**
- 35.39 **Minerals**
- 35.00 **Pituitary Gland**
- 31.52 **Central Nervous System**
- 25.18 **Sleep**
- 23.48 **Candida Albicans**
- 21.66 **Vitamins**
- 16.88 **Serotonin**

**Organs**

- 113.01 **Large Intestine**
- 90.26 **Pineal Gland**
- 84.50 **Stomach**
- 79.29 **Heart**
- 77.39 **Thyroid**
- 75.23 **Small Intestine**
- 69.29 **Lung**
- 67.01 **Adrenal Glands**
- 66.36 **Prostate**
- 59.66 **Pancreas**
- 55.47 **Hypothalamus Gland**
- 50.91 **Testes**
- 46.81 **Parathyroid Gland**
- 35.64 **Kidneys**
- 35.25 **Thymus**
- 35.00 **Pituitary Gland**
- 32.05 **Gallbladder**
- 6.15 **Liver**
- 3.95 **Urinary Bladder**
- 3.75 **Spleen**

**Respiratory System**

- 95.14 **Annoyed**
- 85.37 **Sinuses**
- 83.69 **Deep Breathing**
- 80.10 **Pharynx**
- 79.69 **Bacteria**



- 78.34 Progesterone
- 77.91 Leptin -h
- 77.58 Sadness
- 77.31 Dopamine
- 74.42 Viruses
- 73.33 Impatient
- 70.90 Trachea
- 69.29 Lung
- 68.83 Grief
- 67.69 Probiotic Bacteria
- 67.25 Corticotropin-Releasing Hormone (CRH)
- 65.87 Nose
- 63.57 Melatonin
- 53.78 Hazardous Air Pollutants
- 47.71 Fear
- 40.22 Mullein
- 37.65 Phlegm 痰
- 35.39 Minerals
- 27.82 Larynx
- 21.66 Vitamins
- 20.84 Fungi/Molds
- 20.44 Inflammation
- 12.94 Bronchi
- 8.56 Diaphragm

**Sleep**

- 90.26 Pineal Gland
- 79.80 Hormonal/Endocrine System
- 79.79 Immune System
- 78.53 Anger
- 78.34 Progesterone
- 75.73 Electromagnetic
- 74.59 Parasites
- 63.57 Melatonin
- 63.05 Cardiovascular System
- 59.66 Pancreas
- 59.10 Testosterone
- 55.47 Hypothalamus Gland
- 53.85 Tryptophan
- 47.40 Estrogen
- 45.99 Food Stressors Additives
- 40.99 Artificial Sugars & Sweeteners
- 35.00 Pituitary Gland
- 21.31 Endocrine Disruptors
- 16.88 Serotonin
- 15.50 Diet & Nutrition
- 6.15 Liver

**TCM Meridians**

- 91.32 TCM - Triple Warmer Meridian
- 86.82 TCM - Pericardium Meridian
- 81.75 TCM - Lung Meridian
- 79.89 TCM - Governing Meridian
- 76.28 TCM - Gall Bladder Meridian



- 72.08 **TCM - Stomach Meridian**
- 67.69 **TCM - Urinary Bladder Meridian**
- 61.25 **TCM - Conception Meridian**
- 59.02 **TCM - Spleen Meridian**
- 54.10 **TCM - Large Intestine**
- 30.54 **TCM - Liver Meridian**
- 29.33 **TCM - Small Intestine Meridian**
- 19.13 **TCM - Heart Meridian**
- 12.64 **TCM - Kidney Meridian**

#### Teeth

- 85.28 **T 20 / -5**
- 84.44 **T 05 / 4+**
- 84.26 **T 23 / -2**
- 83.65 **T 03 / 6+**
- 77.82 **T 12 / +4**
- 77.65 **T 28 / 4-**
- 77.04 **T 15 / +7**
- 73.97 **T 30 / 6-**
- 72.42 **T 08 / 1+**
- 71.72 **T 18 / -7**
- 71.11 **T 25 / 1-**
- 68.64 **T 10 / +2**
- 66.30 **T 13 / +5**
- 65.44 **T 31 / 7-**
- 63.89 **T 02 / 7+**
- 57.78 **T 22 / -3**
- 57.39 **T 07 / 2+**
- 54.08 **T 26 / 2-**
- 49.56 **T 32 / 8-**
- 46.45 **T 17 / -8**
- 43.47 **T 21 / -4**
- 42.96 **T 01 / 8+**
- 30.70 **T 16 / +8**
- 25.41 **T 27 / 3-**
- 25.11 **T 24 / -1**
- 24.75 **T 19 / -6**
- 24.52 **T 11 / +3**
- 22.89 **T 06 / 3+**
- 16.66 **T 09 / +1**
- 13.13 **T 29 / 5-**
- 7.67 **T 14 / +6**
- 3.88 **T 04 / 5+**

#### Today's Immunity Stressor Categories

- 78.28 **Respiratory System**
- 48.35 **Lymphatic System**

#### Toxic Stress

- 79.69 **Bacteria**
- 75.73 **Electromagnetic**
- 74.59 **Parasites**
- 74.42 **Viruses**
- 67.19 **Vaccinations**



- 65.37 **Heavy Metals**
- 64.39 **Mycotoxins**
- 54.49 **Glyphosate**
- 45.99 **Food Stressors Additives**
- 40.99 **Artificial Sugars & Sweeteners**
- 38.62 **Chemicals**
- 23.75 **Herbicides**
- 23.48 **Candida Albicans**
- 21.31 **Endocrine Disruptors**
- 20.84 **Fungi/Molds**
- 15.67 **Pesticides/Insecticides**
- 13.19 **Water Contaminants**
- 1.20 **Detoxification System**

#### Vertebrae

- 80.29 **C 7**
- 72.93 **L 2**
- 61.83 **S 2**
- 60.99 **C 6**
- 58.14 **TH 10**
- 57.70 **L 4**
- 53.76 **S 5**
- 51.69 **TH 1**
- 51.69 **S 1**
- 49.91 **C 5**
- 48.02 **TH 4**
- 47.88 **S 4**
- 47.41 **L 1**
- 46.59 **C 2**
- 46.54 **C 3**
- 44.00 **COCCYX-s**
- 41.90 **TH 5**
- 41.60 **C 1**
- 41.43 **TH 9**
- 38.91 **TH 3**
- 38.32 **TH 8**
- 37.76 **TH 6**
- 36.55 **TH 11**
- 33.85 **L 5**
- 18.57 **S 3**
- 17.93 **TH 12**
- 12.61 **TH 2**
- 6.61 **L 3**
- 4.18 **TH 7**
- 4.13 **C 4**

#### Wellness Support Stressor Collections

- 78.92 **Hydration**
- 63.64 **Mental/Emotional Stress**
- 30.34 **Toxic Stress**
- 25.18 **Sleep**
- 20.44 **Inflammation**
- 15.50 **Diet & Nutrition**

