

# All Stressors by Category

## ALL STRESSOR VIRTUAL ITEMS RESPONSES BY CATEGORY

### Core Wellness Stressor Collections

- 104.94 **Hormonal/Endocrine System**
- 91.43 **Gastrointestinal System**
- 59.37 **Immune System**
- 53.98 **Detoxification System**

### Detoxification System

- 177.10 **Lung**
- 126.44 **Kidneys**
- 107.60 **Toxic Stress**
- 99.00 **Lymph Nodes**
- 95.14 **Candida Albicans**
- 94.39 **Mycotoxins**
- 91.43 **Gastrointestinal System**
- 90.54 **Respiratory System**
- 78.40 **Anger**
- 76.61 **Pesticides/Insecticides**
- 74.37 **Viruses**
- 73.87 **Chemicals**
- 70.97 **Liver**
- 65.36 **Cardiovascular System**
- 65.25 **Parasites**
- 62.58 **Diet & Nutrition**
- 46.74 **Herbicides**
- 35.59 **Skin**
- 31.43 **Lymphatic System**
- 29.01 **Fungi/Molds**
- 26.17 **Heavy Metals**
- 23.07 **Electromagnetic**
- 19.56 **Water Contaminants**
- 19.48 **Bacteria**

### Diet & Nutrition

- 88.00 **Probiotic Bacteria**
- 76.61 **Pesticides/Insecticides**
- 74.07 **Antibiotics**
- 68.10 **Essential Fatty Acids (EFAs)**
- 64.71 **Amino Acids**
- 49.42 **Vitamins**
- 46.74 **Herbicides**
- 32.48 **Food Stressors Additives**
- 17.72 **Glyphosate**
- 12.31 **Endocrine Disruptors**
- 10.92 **Minerals**
- 6.52 **Artificial Sugars & Sweeteners**
- 4.71 **Digestive Enzymes**

### Emotions Balance

- 115.68 **Envy**



- 107.99 **Jealous**
- 95.57 **Frustration**
- 90.14 **Resentful**
- 78.85 **Worry**
- 78.40 **Anger**
- 75.86 **Tense**
- 74.46 **Blame**
- 73.06 **Helpless**
- 60.62 **Guilty**
- 60.23 **Grief**
- 57.55 **Lonely**
- 57.10 **Exhausted**
- 54.51 **Ashamed**
- 39.35 **Sadness**
- 36.96 **Fear**
- 32.10 **Hopeless**
- 23.91 **Anxiety**
- 17.46 **Hate**
- 14.31 **Complacency**
- 11.00 **Mistrustful**
- 7.65 **Greed**
- 5.24 **Impatient**

**Gastrointestinal System**

- 112.26 **Stomach**
- 106.97 **Large Intestine**
- 105.60 **Mental/Emotional Stress**
- 95.14 **Candida Albicans**
- 94.39 **Mycotoxins**
- 88.00 **Probiotic Bacteria**
- 82.37 **Pancreas**
- 74.37 **Viruses**
- 74.07 **Antibiotics**
- 70.97 **Liver**
- 66.72 **Esophagus (Oesophagus)**
- 65.25 **Parasites**
- 64.75 **Intestinal Mucosal Membrane**
- 64.71 **Amino Acids**
- 60.23 **Grief**
- 49.42 **Vitamins**
- 45.63 **Hydration**
- 32.48 **Food Stressors Additives**
- 29.01 **Fungi/Molds**
- 19.48 **Bacteria**
- 17.72 **Glyphosate**
- 16.85 **Gallbladder**
- 10.92 **Minerals**
- 4.71 **Digestive Enzymes**
- 4.62 **Inflammation**
- 0.00 **Small Intestine**

**Hormonal/Endocrine System**

- 145.83 **Thyroid**
- 142.11 **Ovaries**



- 126.44 **Kidneys**
- 112.26 **Stomach**
- 101.95 **Progesterone**
- 92.05 **Uterus**
- 88.00 **Probiotic Bacteria**
- 86.47 **Pineal Gland**
- 82.37 **Pancreas**
- 70.97 **Liver**
- 70.17 **Pituitary Gland**
- 68.10 **Essential Fatty Acids (EFAs)**
- 63.70 **Estrogen**
- 62.58 **Diet & Nutrition**
- 59.34 **DHEA (Dehydroxyepiandrosterone)**
- 55.55 **Sleep**
- 35.59 **Skin**
- 32.25 **Parathyroid Gland**
- 28.88 **Adrenal Glands**
- 18.53 **Pregnenolone**
- 12.31 **Endocrine Disruptors**
- 11.97 **Adrenalin**
- 8.63 **Thymus**
- 8.15 **Testosterone**

#### Hydration

- 126.44 **Kidneys**
- 109.65 **Colon**
- 93.97 **Melatonin**
- 91.43 **Gastrointestinal System**
- 91.37 **Urinary Bladder**
- 76.61 **Pesticides/Insecticides**
- 70.97 **Liver**
- 59.37 **Immune System**
- 55.55 **Sleep**
- 53.98 **Detoxification System**
- 46.74 **Herbicides**
- 31.21 **Tryptophan**
- 19.56 **Water Contaminants**
- 17.72 **Glyphosate**
- 12.31 **Endocrine Disruptors**
- 8.15 **Testosterone**

#### Immune System

- 145.83 **Thyroid**
- 115.88 **Adenoids**
- 106.97 **Large Intestine**
- 105.60 **Mental/Emotional Stress**
- 99.00 **Lymph Nodes**
- 93.96 **Spleen**
- 91.43 **Gastrointestinal System**
- 88.00 **Probiotic Bacteria**
- 78.40 **Anger**
- 74.37 **Viruses**
- 74.07 **Antibiotics**
- 70.97 **Liver**



- 68.75 **Bone Marrow**
- 60.62 **Guilty**
- 60.23 **Grief**
- 54.51 **Ashamed**
- 49.81 **Tonsils**
- 41.39 **Appendix**
- 35.59 **Skin**
- 31.43 **Lymphatic System**
- 28.88 **Adrenal Glands**
- 19.48 **Bacteria**
- 17.72 **Glyphosate**
- 8.63 **Thymus**
- 4.62 **Inflammation**

#### Inflammation

- 145.83 **Thyroid**
- 106.97 **Large Intestine**
- 91.43 **Gastrointestinal System**
- 78.40 **Anger**
- 74.37 **Viruses**
- 70.97 **Liver**
- 68.10 **Essential Fatty Acids (EFAs)**
- 65.36 **Cardiovascular System**
- 65.25 **Parasites**
- 60.62 **Guilty**
- 60.23 **Grief**
- 59.37 **Immune System**
- 32.71 **Joints/Connective Tissue**
- 32.48 **Food Stressors Additives**
- 19.48 **Bacteria**
- 17.72 **Glyphosate**
- 16.85 **Gallbladder**
- 6.52 **Artificial Sugars & Sweeteners**

#### Lymphatic System

- 115.88 **Adenoids**
- 102.67 **Mammary Glands**
- 99.00 **Lymph Nodes**
- 96.98 **Integumentary System**
- 95.14 **Candida Albicans**
- 93.96 **Spleen**
- 91.43 **Gastrointestinal System**
- 88.00 **Probiotic Bacteria**
- 74.37 **Viruses**
- 68.10 **Essential Fatty Acids (EFAs)**
- 65.36 **Cardiovascular System**
- 65.25 **Parasites**
- 59.37 **Immune System**
- 50.33 **Serrapeptase**
- 49.81 **Tonsils**
- 45.63 **Hydration**
- 40.51 **Urinary System**
- 36.96 **Fear**
- 34.97 **Lymphatic Vessels**



- 34.90 **Movement**
- 19.48 **Bacteria**
- 8.63 **Thymus**
- 4.71 **Digestive Enzymes**
- 4.62 **Inflammation**

**Mental/Emotional Stress**

- 145.83 **Thyroid**
- 104.94 **Hormonal/Endocrine System**
- 95.14 **Candida Albicans**
- 88.00 **Probiotic Bacteria**
- 75.02 **Central Nervous System**
- 74.07 **Antibiotics**
- 70.17 **Pituitary Gland**
- 68.10 **Essential Fatty Acids (EFAs)**
- 65.36 **Cardiovascular System**
- 64.71 **Amino Acids**
- 62.03 **Serotonin**
- 59.37 **Immune System**
- 55.55 **Sleep**
- 49.42 **Vitamins**
- 28.88 **Adrenal Glands**
- 23.35 **Hypothalamus Gland**
- 14.81 **Cortisol**
- 11.97 **Adrenalin**
- 10.92 **Minerals**

**Organs**

- 177.10 **Lung**
- 145.83 **Thyroid**
- 142.11 **Ovaries**
- 135.55 **Heart**
- 126.44 **Kidneys**
- 112.26 **Stomach**
- 106.97 **Large Intestine**
- 102.67 **Mammary Glands**
- 93.96 **Spleen**
- 92.05 **Uterus**
- 91.37 **Urinary Bladder**
- 86.47 **Pineal Gland**
- 82.37 **Pancreas**
- 70.97 **Liver**
- 70.17 **Pituitary Gland**
- 32.25 **Parathyroid Gland**
- 28.88 **Adrenal Glands**
- 23.35 **Hypothalamus Gland**
- 16.85 **Gallbladder**
- 8.63 **Thymus**
- 0.00 **Small Intestine**

**Respiratory System**

- 177.10 **Lung**
- 108.28 **Pharynx**
- 107.32 **Deep Breathing**



101.95 **Progesterone**  
 -93.97 **Melatonin**  
 -88.00 **Probiotic Bacteria**  
 77.55 **Trachea**  
 75.24 **Bronchi**  
 -74.37 **Viruses**  
 -74.01 **Annoyed**  
 73.89 **Dopamine**  
 -64.50 **Hazardous Air Pollutants**  
 63.79 **Larynx**  
 -60.23 **Grief**  
 -55.53 **Mullein**  
 49.42 **Vitamins**  
 47.86 **Diaphragm**  
 39.35 **Sadness**  
 39.31 **Corticotropin-Releasing Hormone (CRH)**  
 -36.96 **Fear**  
 -29.71 **Phlegm 痰**  
 -29.01 **Fungi/Molds**  
 -19.48 **Bacteria**  
 -16.69 **Sinuses**  
 13.85 **Leptin -h**  
 -10.92 **Minerals**  
 -5.24 **Impatient**  
 -4.62 **Inflammation**  
 -2.89 **Nose**

#### Sleep

104.94 **Hormonal/Endocrine System**  
 101.95 **Progesterone**  
 -93.97 **Melatonin**  
 86.47 **Pineal Gland**  
 -82.37 **Pancreas**  
 -78.40 **Anger**  
 -70.97 **Liver**  
 -70.17 **Pituitary Gland**  
 -65.36 **Cardiovascular System**  
 65.25 **Parasites**  
 -63.70 **Estrogen**  
 62.58 **Diet & Nutrition**  
 -62.03 **Serotonin**  
 59.37 **Immune System**  
 -32.48 **Food Stressors Additives**  
 31.21 **Tryptophan**  
 23.35 **Hypothalamus Gland**  
 -23.07 **Electromagnetic**  
 12.31 **Endocrine Disruptors**  
 -8.15 **Testosterone**  
 6.52 **Artificial Sugars & Sweeteners**

#### TCM Meridians

-148.98 **TCM - Urinary Bladder Meridian**  
 139.57 **TCM - Conception Meridian**  
 131.78 **TCM - Lung Meridian**



- 96.99 **TCM - Small Intestine Meridian**
- 85.60 **TCM - Pericardium Meridian**
- 80.82 **TCM - Triple Warmer Meridian**
- 73.95 **TCM - Stomach Meridian**
- 50.35 **TCM - Heart Meridian**
- 50.34 **TCM - Kidney Meridian**
- 49.52 **TCM - Spleen Meridian**
- 44.81 **TCM - Liver Meridian**
- 39.46 **TCM - Large Intestine**
- 31.58 **TCM - Governing Meridian**
- 6.50 **TCM - Gall Bladder Meridian**

#### Teeth

- 133.48 **T 24 / -1**
- 130.81 **T 05 / 4+**
- 126.63 **T 16 / +8**
- 122.59 **T 06 / 3+**
- 99.92 **T 27 / 3-**
- 93.84 **T 32 / 8-**
- 91.24 **T 22 / -3**
- 84.12 **T 30 / 6-**
- 76.62 **T 03 / 6+**
- 74.49 **T 17 / -8**
- 72.10 **T 14 / +6**
- 69.96 **T 02 / 7+**
- 67.29 **T 21 / -4**
- 67.12 **T 08 / 1+**
- 62.86 **T 19 / -6**
- 58.91 **T 11 / +3**
- 53.96 **T 23 / -2**
- 52.13 **T 13 / +5**
- 47.35 **T 07 / 2+**
- 46.42 **T 29 / 5-**
- 39.35 **T 20 / -5**
- 37.71 **T 10 / +2**
- 30.09 **T 26 / 2-**
- 29.57 **T 28 / 4-**
- 28.82 **T 18 / -7**
- 24.87 **T 12 / +4**
- 21.55 **T 09 / +1**
- 14.88 **T 04 / 5+**
- 10.86 **T 25 / 1-**
- 9.36 **T 01 / 8+**
- 7.01 **T 31 / 7-**
- 3.58 **T 15 / +7**

#### Today's Immunity Stressor Categories

- 90.54 **Respiratory System**
- 31.43 **Lymphatic System**

#### Toxic Stress

- 95.14 **Candida Albicans**
- 94.39 **Mycotoxins**
- 76.61 **Pesticides/Insecticides**



- 74.37 **Viruses**
- 73.87 **Chemicals**
- 65.25 **Parasites**
- 53.98 **Detoxification System**
- 46.74 **Herbicides**
- 32.48 **Food Stressors Additives**
- 29.01 **Fungi/Molds**
- 26.17 **Heavy Metals**
- 23.07 **Electromagnetic**
- 19.56 **Water Contaminants**
- 19.48 **Bacteria**
- 17.72 **Glyphosate**
- 12.31 **Endocrine Disruptors**
- 7.64 **Vaccinations**
- 6.52 **Artificial Sugars & Sweeteners**

#### Vertebrae

- 259.58 **TH 12**
- 220.69 **TH 11**
- 220.00 **C 1**
- 185.95 **S 3**
- 154.35 **L 3**
- 148.82 **COCCYX-s**
- 128.33 **C 3**
- 114.44 **S 1**
- 101.33 **L 2**
- 99.10 **C 6**
- 90.93 **L 5**
- 80.00 **C 5**
- 77.97 **C 2**
- 76.05 **C 7**
- 66.74 **L 1**
- 64.92 **S 4**
- 61.68 **TH 6**
- 58.11 **TH 9**
- 57.57 **TH 5**
- 55.75 **S 2**
- 48.89 **TH 7**
- 40.37 **C 4**
- 30.70 **TH 4**
- 29.33 **TH 3**
- 22.56 **TH 10**
- 15.90 **TH 1**
- 9.40 **S 5**
- 5.00 **TH 2**
- 4.49 **TH 8**
- 0.00 **L 4**

#### Wellness Support Stressor Collections

- 107.60 **Toxic Stress**
- 105.60 **Mental/Emotional Stress**
- 62.58 **Diet & Nutrition**
- 55.55 **Sleep**
- 45.63 **Hydration**





