

paradigm

PROSPERITY

Open the flow of abundance in your life



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 Learning Strategies Corporation

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Learning Strategies Corporation

Discover your vast potential and rich internal resources

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WELCOME!

Paraliminal, as derived from the Greek para (beyond) and liminal (threshold), means “beyond the threshold of conscious awareness.”

Stimulate your mind with a Paraliminal recording to quickly improve your life and maximize your potential. More than a million Paraliminials are already in use by people all around the world.

Listen with headphones to receive a unique, multilevel communication for each hemisphere of the brain—all without subliminal messages. You’ll hear a variety of messages coming into each ear in a soothing, effective, and pleasurable way.

As you listen, choose which message to attend, or float down the middle between the voices. From time to time your attention will switch, causing you to perceive the recording differently with each listening. BUT, your nonconscious mind receives and processes the entire message each time, which is part of the effectiveness and beauty of Paraliminal technology.

On a very deep level you will be *learning strategies* to help you respond differently in the world so that you get the results you want. That’s the source of the name of our company, Learning Strategies Corporation.

Paraliminal developer Paul R. Scheele skillfully crafted each session. Paul is highly trained and internationally acclaimed in the fields of neuro-linguistic programming, whole mind learning, and preconscious processing. His unique expertise creates an incredible experience for you.

TIPS AND INSIGHTS

- Create quiet time to focus inwardly. Choose an environment relatively free from distractions. Sit comfortably or recline. You will receive minimal benefit if you merely play a Paraliminal in the background; do not listen while driving or operating machinery.
- On some Paraliminal recordings you will be asked questions to help you focus on the benefit you desire. Pause the recording as needed.
- If interrupted, simply open your eyes, deal with the matter, and then continue.
- If you fall asleep while listening, you will still gain benefit providing you clearly state your purpose for the session at the beginning.
- To listen to more than one Paraliminal, take a 20-minute break between.
- Paraliminicals are catalysts for change. They facilitate access to strengths already within you. When you succeed, it's your success—not the recordings.
- Most changes are integrated within three days. Continued listening can reinforce continued development. When not getting the results you want, consider changing 1) the time of day you listen, 2) whether you are sitting or reclining, 3) the room, or 4) the furniture you sit or recline on (listening on a sofa might not generate results if you usually use the sofa for napping).
- If you practice Spring Forest Qigong, say the password, *I am in the universe, the universe is in my body, the universe and I combine together*, and go into the *emptiness* at the beginning of your listening session. Finish with the *Ending Exercise* as you would at the end of a *Sitting Meditation*. (To learn more, visit www.LearningStrategies.com/Qigong.)
- Visit our online Discussion Forum to interact with other Paraliminal users who have the same quest as you: *maximize potential!*

PARALIMINAL SLEEP LEARNING

To enjoy the benefits of sleep learning, set your audio player to repeat the Paraliminal sleep learning track (Track 3). Adjust the volume so that you can tune out the sound as you sleep. Waking is an indication that your mind had completed the process, so turn off the player at that time. Use the Paraliminal sleep learning feature as often as you would like.

HOLOSYNC AUDIO TECHNOLOGY

Holosync audio tones, which you might hear as a hum, have been embedded in the recording to increase your ability to benefit and learn from this Paraliminal session.

Centerpointe Research Institute's Holosync audio technology, when listened to with stereo headphones, creates the electrical brain wave patterns of many desirable states. These states include deep meditation, increased creativity, focus and concentration, and accelerated learning ability. Using Holosync creates new neural pathways between the left and right brain hemispheres, balancing the brain, enhancing mental/emotional health, improving mental functioning and self-awareness, and healing unresolved emotional problems.

A much deeper and more powerful version of Holosync can be found in Centerpointe's ongoing program, The Holosync Solution. For more information about this program and how Holosync can accelerate mental, emotional, and spiritual growth, and to receive a free Holosync demo CD, visit www.Centerpointe.com.

PROSPERITY

*Open the flow of abundance
in your life*

PURPOSE

Prosperity can help attract anything to you from financial wealth to a healthy state of abundance in mind, body, and spirit. Consider prosperity as a rich abundance of any resource such as energy, confidence, relationships, health, patience, mental clarity, business opportunities, household goods, clothing, talents, and skills.

BEFORE LISTENING TO THIS SESSION

- Select an area of your life where you desire more abundance.
- Think of what you specifically desire.
- Ask yourself, “If I could experience it right now, would I accept it?”
If not, pause to get clear on what you really want to create.

You can now listen to your session. Read the rest at your leisure.

BENEFITS

- Focus your mind on what you desire to create, and automatically draft a new blueprint for the life you want.

- Deeply communicate your specific desires so that the powerful resources of your mind, body, and spirit align for your success.
- Attract the opportunities and resources you need from the world of abundant possibilities all around you.
- Replace fear and anxiety about the future with clear choice and deep conviction.
- Fade negative beliefs about lack of time, energy, and money. Open the flow of abundant prosperity into your life.
- Discover optimism and confidence as you achieve the goals most important to you.
- Channel your mental, emotional, and physical energy, and create your desired future with greater ease.
- Live more fully in the present moment and gain access to the vast wealth of your inner resources.

TECHNIQUE OVERVIEW

The opposite of abundance is impoverishment or need. When you dwell on how many ways you lack what you want, you condition your habitual thoughts, words, and actions to block prosperity, create more limitations, and maintain deficits. With the *Prosperity* session, you build a consciousness of prosperity—an ever expanding awareness that accepts the flow of abundance into your life. Through strengthened WILL and BELIEF you transform your habitual words and actions to reap the riches available to you now.

You begin the *Prosperity* listening session by establishing a clear goal in an area of your life where you desire more abundance such as career, financial, health and well-being, home, transportation, relationships, and education. After that, think of what you ideally desire to experience. For example, if you are looking for financial abundance, you might ask for what the money will bring you rather than asking directly for the money.

Making the choice to openly invite a change in your life includes the question, “If I could experience the ideal, would I choose to have it right now?” If “no,” take time to decide what you want to create. If “yes,” then you are ready to begin your journey to abundant success including a more powerful WILL (the power to choose) and BELIEF (the conviction that you deserve abundance).

The journey you take on the *Prosperity* session includes a metaphorical encounter with a male and a female teacher who possess great wisdom. They invite you to enter a room where you contemplate and embrace the condition you desire. In this way you communicate and emphatically affirm your purpose, bypassing previous thoughts of lack and limitation. Clearing the way to take powerful action, you are ready to manifest your ideal and live the life of prosperity and abundance you so richly deserve.

BEST WAYS TO USE

- When you hear yourself complaining about the way things are, you are using your conversations to keep yourself stuck. Stop it. Ask yourself

“What do I want instead?” Your answer to that question becomes your goal for the next *Prosperity* session.

- When you feel hemmed in by circumstances, you are probably feeling lack or limitation. That feeling may be that the world is causing your emotional state, rather than you creating the state you desire and influencing the world. Examples include the student who obsesses about finals, the person who worries about taxes, the homeowner concerned about getting repairs handled, and the employee overwhelmed about a big project. Whatever the felt limitation, use *Prosperity* to attract what you need.
- *Prosperity* can be used for many goals. One use that many people enjoy is to create a quick energy boost during a project. Not only does the listening give you a much needed rest, it also puts you back on your feet with increased confidence and vision for the results you strive to create.
- Before sleep, *Prosperity* is the choice of many who want to wake up more refreshed and rested. The optimistic feeling that greets you when you open your eyes to the new day is pure joy.
- The recommended listening schedule for *Prosperity* varies depending on the desired goal and your history of lack or limitation. Generally, one to three listening sessions is sufficient for each goal, and you may want to reinforce it two or three weeks in the future. For deeply imbedded feelings of lack, listen to *Prosperity* daily for one week, then listen weekly or whenever you want to reaffirm your power in life.

POSSIBILITIES FOR GOING BEYOND

The *Prosperity* session is a valuable companion to most other Paraliminals because it helps focus your mind on your goals. For example, if you listen to *Anxiety-Free* to diminish stage fright, you may use *Prosperity* to bring on the attitude of an award-winning actor.

You can certainly use *Prosperity* for increasing financial wealth. Set your desired outcome as receiving money. Based on the experience of customers, however, we encourage you to think about what you intend to do with the money. Set your goal as an expanded wardrobe, travel, new furniture, financial freedom, education, computer, or whatever you want. Be creative and be open to things you may not have considered. For example, if you want money for buying a new car you can use *Prosperity* to receive a good price on a specific model or a good price on a car that meets a list of your specific needs. You may be attracted to a better car at a better price that meets your needs. It will probably be a car you had not considered but fits better with your life and gives you more enjoyment.

To expand the ways you can receive abundance, think of other ways of stating what you desire. For example, instead of asking for an A in school, ask for a better understanding of the subject and for ways to demonstrate your knowledge. Then you may receive an A in the class, a lasting education, a better quality of life, and a greater income.

Be positive when answering the questions at the beginning of the recording.

Avoid using negative words or stating your desired experiences as “not wanting” to do or have something. Instead of “not wanting to feel depressed,” choose “wanting to feel alive, alert, and positive.” Instead of “not wanting to be overweight,” choose “wanting to reach and maintain your ideal weight.”

If your desired experience is to be free of aches and pains, you could say “I want health and well-being throughout my body, especially in (specify the area).” Stating your desired result in positive terms allows your brain to easily locate the resources you need and create the results you want.

When stating your desired experience for the listening session, avoid words with a negative emotional charge for you. For example, if you are having financial problems, avoid focusing on the words “owe” or “debt.” Instead use your equivalent to “financial abundance” or “increased riches.” If you don’t like your job, avoid focusing on images, feelings, and words about your job. Instead, you might state your desired experience as “a rewarding and fulfilling work experience that meets or exceeds my needs and expectations.” Always make sure you know what you mean by the words you choose. The key to a good goal statement is to communicate positive images and feelings that your mind can actualize.

When listening to *Prosperity* multiple times for a single goal, state your desired experience in various ways to optimize your choices.

INSIDE SECRETS

Imagine a highly resourceful person living in a world of tremendous abundance. That's you. If you don't believe it, the *Prosperity* Paraliminal session is essential. What keeps us from recognizing our birthright to abundance has to do with negative mental programming. That programming can be changed quickly. The positive words and actions that follow will lead to positive results.

Never has there been more opportunity for people with good ideas and a willingness to serve others. In every profession there are challenges to meet. Every industry must find ways of doing more with less. People all over the world who risk stepping forward to apply their talents can reap abundant rewards. Where does their motivation, inspiration, creativity, and insight come from? A prosperity consciousness! Rely on the abundant resources within and around you. You can learn more, faster, and do what it takes to win.

Some of the most miraculous success stories we receive from clients come from those using the *Prosperity* session. They report receiving sums of anonymous cash, desired promotions, unexpected meetings with important people, and a host of remarkable "coincidental" events that have led to their goals.

Think BIG! Set your sights high. There is only one caution: Be sure you want what you ask for, because receiving it will change your life.

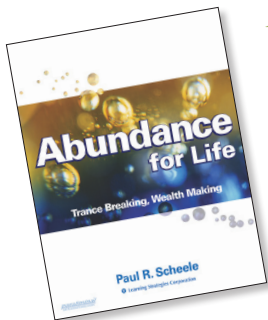
TAP THE POWER OF YOUR MIND

To Accomplish Greatness in Your Life

Paraliminal sessions are included with many self-study programs developed and published by Learning Strategies Corporation. We are here to help you maximize your potential and get the most from life.

Bring riches into your life with **ABUNDANCE FOR LIFE**

This wealth-making course will help you rewrite the script of your life for overflowing abundance. Whether you want outward prosperity of family ski trips, additions to your home, and BMWs, or a spiritually complete lifestyle of Truth, Beauty, Freedom, and Love, or both, you will explore the secrets to having what you want miraculously appear and the mental processes that make it happen.



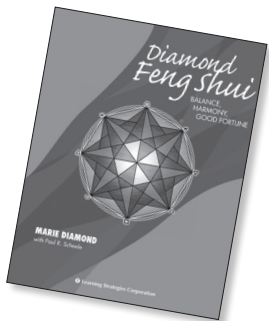
Abundance for Life will help you 1) get control of your feelings, emotions, judgments, and beliefs that keep you stuck, 2) decide what you want and manifest it, and 3) deal with the world around you so that others bend over backward to help you out, and so that problems—that inevitably come up—don't stop you.

Create balance, harmony, and good fortune with **DIAMOND FENG SHUI**

This revolutionary, yet straightforward, system demystifies the ancient practice of Feng Shui.

Learn to attract positive energy and deflect negative energy so that you experience fortune and happiness in the four main areas of living: success, health, relationships, and spiritual growth.

Diamond Feng Shui provides you the information and tools you need to bring layer after layer of good Feng Shui into your life. In this easy-to-follow course, you will actually speed the manifestation of your desires. You learn how to bring confidence and authority to your life, amass fortune—and avoid misfortune, steam up your romance, alleviate pain, and supercharge your career.



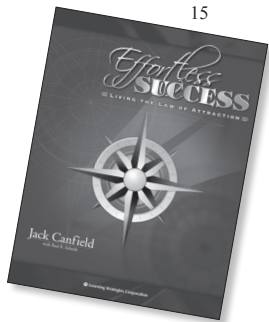
Transform your energy patterns with **SONIC ACCESS**

In one extraordinary program, we've brought together Paul Scheele's unique Paraliminal technology, the cutting-edge audio frequencies of Holosync, the energy principles of *Diamond Feng Shui*, and the healing sounds of *Spring Forest Qigong*, all wrapped up in the most beautiful and transformative music you will ever experience.

Paul Scheele and Paul Hoffman have created these soothing, meditative sessions so you can tap into all levels and layers of your being—right down to your DNA. After just one listening, you'll immediately begin your transformation toward greater success, richer relationships, balanced health, and spiritual growth.

Attract everything you want in life with
EFFORTLESS SUCCESS

The mega-hit phenomenon *The Secret* reminded millions of people around the world about this ancient truth: “We create our lives, with every thought every minute of every day.” The keys are to ask, believe, and receive. Best-selling author and transformational leader Jack Canfield translates these general principles into specific daily practices to help you create the life you want now.



Step into Your Genius Resources with the
PARALIMINAL WALKABOUT

Turn an everyday walk into a profound personal growth experience. This program combines the power of the Paraliminal human performance technology with specific walking and breathing strategies to help you build a mind-body connection for enhancing all areas of your life—physical, mental, emotional, and spiritual. Benefit from this super-learning state with four individual *Paraliminal Walkabouts* included with this course: *Abundance*, *Health Boost*, *Creative Thinking*, and *Quiet Mind*.

Improve your health with
SPRING FOREST QIGONG

Use this ancient Chinese practice and the power of your mind to take away stress, pain, and sickness from your body at speeds that will amaze anyone... leaving you more energy.

Read super-fast with PHOTOREADING

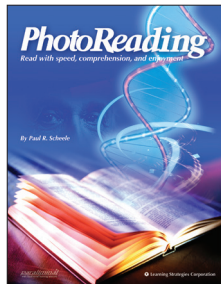
Use your *whole mind* to read with speed, comprehension, and enjoyment with *PhotoReading*. Experience how *mentally photographing* the printed page turns your mind into an information sponge. Learn new ways of processing information to give you an edge in today's world where knowledge is currency.

Discover the nature of awareness with SEEDS OF ENLIGHTENMENT

Understand the natural laws that govern your existence. Spiritual master Jeddah Mali helps you discover that enlightenment is a state of being, and it is the state of being that you have been all along. Through a series of eight experiential and transformative meditations, you will feel and sense your role in generating your experiences in each moment, which can greatly affect your health and well-being.

Turn Imagination into Reality with FUTURE MAPPING

Free your powerful imagination to immediately generate ideas, find solutions, and spark creativity in ways that make a difference in every area of your life. *Future Mapping* helps you draw on the motivating resources of your inner genius mind to take the effort out of achieving your goals. Using the unexpected power of altruism, self-sabotaging self-interest drops away, giving rise to unexpressed potential. As you capture your conscious and nonconscious thoughts together in one unique *Future Mapping* chart, you reduce interference from your limited conscious mind and get relevant, practical, and creative insights for your goals.





Additional powerful programs to maximize your potential...

Know your numbers, know your self with NUMEROLOGY

Overcome any challenge at will with NATURAL BRILLIANCE

Align your life with the energy of your SPIRITUAL CODES

Boost your memory with MEMORY OPTIMIZER

Experience the luminous world beyond ordinary sight with AURA SEEING

Enjoy the gift of health, balance, and energy with EUPHORIA!

Activate the power to bounce back with RESILIENCY

Sharpen your verbal edge with MILLION DOLLAR VOCABULARY

Communicate effectively with FOUR POWERS FOR GREATNESS

Transform the energy in your life with DIAMOND DOWSING

Focus your goals with CLEAR MIND ~ BRIGHT FUTURE

Embrace the power of reflection with BOUNDLESS RENEWAL

Influence the flow of energy into your home with DIAMOND HEXAGRAMS

Access the abundant universe with DIAMOND QUANTUM COLORS

Experience lasting happiness with HAPPY FOR NO REASON

Step into your authentic power with NO MATTER WHAT!

Live fully in every waking moment with EMBRACING FREEDOM

Tap nature's cycle of abundance with SONIC ACCESS FOUR SEASONS

Beam inside and out with the 5-minute meditations of PURE ENERGY

Experience the truth of your being with INFINITE GRACE

Explore the realm of genius with GENIUS CODE

PARALIMINALS



Abundant Money Mindset—Move beyond limits and build financial strength

Anxiety-Free—Gain freedom from fears and project strength

Automatic Pilot—Eliminate negative self-talk and vaporize self-sabotage

Belief—Strengthen belief in your ability to achieve

Break the Habit—Free yourself from addictive behaviors

Conscious Time—Get the most out of every minute

Creating Sparks—Ignite fun, attraction, and romance

Deep Relaxation—Enjoy profound and rejuvenating relaxation

Dream Play—Profit from remembering and using your dreams

Focus & Concentration—Accomplish more in less time with *focal point* thinking

Fresh Start—Make each moment a new beginning

Get Around To It—Eliminate procrastination and succeed by design

Happy for No Reason—Build an unshakable inner home for happiness

Holiday Cheer—Feel love, peace, and joy toward yourself and your world

Ideal Weight—Reach and maintain your ideal weight—naturally

Instantaneous Personal Magnetism—Turn on poise, charm, and sex appeal

Intuition Amplifier—Bring clarity, trust, and power to your inner knowing

Letting Go—Gain emotional freedom from what holds you back

Living the Law of Attraction—Consistently attract the good, positive, and extraordinary





Memory Supercharger—Strengthen your memory and concentration



New Action Generator—Make choices, take action, and succeed



New Behavior Generator—Neutralize unwanted behaviors & take on new ones



New History Generator—Transform emotions and memories that block you



Peak Performance—Fire up your motivation for superior results



Perfect Health—Align your mind and body for self-healing and well-being



Personal Genius—Accelerate your learning abilities



Positive Relationships—Create strong, beneficial, and lasting relationships



Power Thinking—Think clearer, smarter, faster

Prosperity—Open the flow of abundance in your life

Recover & Reenergize—Get your body back to feeling great

Self-Discipline—Follow through with consistency and determination

Self-Esteem Supercharger—Gain profound confidence & feel great about yourself

Sleep Deeply/Wake Refreshed—Gain rest, healing, creativity, and energy

Success Built to Last—Create a life that matters

Talking to Win—Communicate with ease, present with authority

You Deserve It!—Gratefully receive life's abundant gifts

Youthful Vitality—Enjoy the creative energy and vitality of youth

10-Minute Supercharger—Energize your body and mind in minutes



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PROSPERITY



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HOW TO USE YOUR PARALIMINAL

- 1) Choose a quiet environment where you can close your eyes and focus inwardly.
- 2) Set your purpose for listening.
- 3) Listen with headphones.

**Please
review this
booklet.**

PRCDB

paraliminal

