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First, congratulations for taking action. You've proven you are serious about getting rid of your pain and I am really looking forward to helping you do just that!

But before we complete your order I do have something very important to share with you...

While I do cover what causes nearly all back pain related conditions and how to treat them in great detail, **there are several things I can NOT do in a book.**

For example, one of the biggest physical causes are what I call "muscle imbalances"... well, in the book I explain how they develop, how they create dysfunction and how they cause pain... but what I can't do in the book is show you how to identify which muscle imbalances you have... But I can do that in video :)



Over 55,000 Copies Sold!

So that's why I'd like to offer you the opportunity to add our "Lose the Back Pain System" to your order today for just a fraction of the normal cost.

In this program we take you step-by-step through the process of identifying and then correcting your specific muscle imbalances

with a combination of videos, audios, a reference manual and workbook. In less than an hour you'll know exactly which muscles are out of balance and how they are keeping you in pain... and in just days you can be feeling great again (some people see dramatic relief in just minutes!)

Plus, when you add the "Lose the Back Pain System" to your order we also include **90-days of unlimited support at no charge** which means any time you have questions you can call or email us and we'll work with you personally to ensure you get relief as quickly as possible.

You can add the "DIGITAL VERSION" of the system to your order today for only \$39 - that's actually \$40 OFF the regular price!

Plus, since you access it entirely online you can **get started in just minutes**. And when you add this to your order today, on the download page we also have a link to the pdf copy of the book as well... so you can get started today and wake up feeling better tomorrow!

Add the "Lose The Back Pain System" to your order today

for only \$39 (\$40 OFF the regular price).

Yes, Add to My Order !

(/products/144/thankyou)

No, I'm Willing To Pass Up This Offer.

I Understand This Is a ONE TIME DEAL, I'll Never be Offered This Product At This Price Again.

(/products/144/thankyou)

Customer Reviews

★★★★★ Lose The Back Pain System

August 21, 2015

By *J. Bryant* (Annapolis, MD)

It has been only one week since I ordered the back pain system and my lower back pain is just about gone. I wish I would have gotten the dvd version so I could re-watch the parts without having to rewind. Other than that, I'm so happy I decided to give it a try.

★★★★☆ Lose The Back Pain System

August 17, 2015

By *Thomas Davis* (UK)

I live in the middle of no-where and I was worried about the package taking forever to get to me. However, the product arrived much quicker

than I expected and I watched the DVD's that very night. I would say my sciatic pain is 75% gone and I am very happy with this purchase.

Still Not Sure? Keep Reading...

If you are not familiar with it, the Lose The Back Pain System is a self-treatment system that allows you to quickly and easily identify the underlying causes of your back, neck or sciatic pain... and then shows you the exact combination of corrective exercises, stretches and treatments...

See, one of the biggest reasons most treatments fail is that it's generic - not specific to your unique situation. For example, if you've been to a doctor or other health care professional for your pain, chances are good that you got "the sheet" of exercises... you know the one I'm talking about... it has 4-5 exercises and stretches on it and it's the same one they give to everyone, regardless of their condition and situation...

And that's why our system is so incredibly effective... it does what no other treatments do and that is to first identify the specific physical dysfunctions you have that are throwing your body out of alignment as well as the muscle imbalances that created the dysfunction... we call this "Muscle Balance Therapy" and I'm willing to bet if you use it, you can not only get quick relief, but most importantly, you'll get LASTING relief...

The Lose The Back Pain System is one of THE most effective physical

treatments there is and we have literally hundreds of documented success stories. Here are just a few...

"Dramatic Improvement in just 14-Days!"

"It took just 2 weeks for my sciatic condition to improve dramatically."

— **Donald D., Arapaho, OK**

"Relief from sciatica in 7-days!"

"I had relief for my sciatica after a week!"

— **Coralie W., Queensland Australia**

"98% Improvement in 3-Days!"

"The last 3 days have seen a rapid improvement. I would estimate that I have made a 98% improvement! Thank you so much."

— **Ian Thomas, UK**

"Noticed a Difference in 2-days!"

"I noticed a difference on the 2nd day and I have no back pain to speak of which is amazing!"

— **Glenda Holowatch, Corona, CA**

Identify your body's SPECIFIC physical dysfunctions.

Starting a treatment plan without first knowing what muscle imbalances you have is LUDICROUS! It's a recipe for failure because without knowing exactly how your pelvis and spine are out of alignment any treatment you try could make your pain worse.

So first things, first, we start by figuring out what muscle imbalances and physical dysfunctions are underneath your back pain.

This is easily done performing a series of self assessments we've developed at The Healthy Back Institute — that are very easy to do, it usually takes 10-15 minutes to discover the underlying causes of your pain.

After working with tens of thousands of patients I've found FOUR PRIMARY dysfunctions are responsible for just about every case of sciatica and back pain.

So we've designed simple tests for you to figure out which dysfunctions you have without leaving your living room.

Once you've identified your dysfunctions and imbalances, then it's time to get rid of the pain your feeling right now.

Get immediate pain-relief so you're not in agony.

There's no way you're going to get rid of the causes of your back pain if you're in so much pain right now you can barely move.

So as soon as you know what your muscle imbalances are — we show you exactly how to get rid of the pain you're feeling right now.

You'll get 12 Pain Reduction Strategies designed to give you immediate pain-relief.

It works REALLY fast. Then, when you're not in agony anymore, we show you how to get rid of the entire problem for good.

Treat and remove the dysfunction causing your pain so you get long-term, lasting pain-relief.

Since pain is just a warning signal something is wrong in your body once you get rid of the problem, you get rid of the pain!

And once you know what physical dysfunctions you have and the muscle imbalances causing them you need you the precise treatment to get rid of your unique causes of pain.

Fix the problem, fix the pain.

Your body will be back in alignment and you'll know exactly how to keep it that way for a back pain free life.

The Lose The Back Pain System is a home-based Muscle Balance Therapy program. You'll get everything you need to identify and remove the underlying causes of your back pain.

Here is what's included in the *Lose The Back Pain System...*

Back Pain Component #1: Lose the Back Pain™ Videos

- In your first video we walk you through your own muscle imbalance assessment.

You'll discover which physical dysfunctions and muscle-imbances you have and how they are contributing to or causing your back pain.

Get your personalized treatment program in video #2. Once you've identified your dysfunctions, we then walk you through the corrective exercises, stretches and self treatments are SPECIFIC to your physical condition that are necessary in order for you to rebalance your body and eliminate your pain.

Back Pain Component #2: Lose the Back Pain™ Audio Program

In addition to the two videos, you'll also receive 3 audio programs.

Here's what's covered on the 3 audio programs:

Audio 1 - How To Get the Best Results Using The System - In this first audio program discover in detail how to use the system and how to get relief

as quickly as possible.

Audio 2 - Strategies for Reducing and Managing Pain - On this audio you'll learn about more than a dozen strategies for reducing and effectively managing your pain while you also work on eliminating the underlying cause.

Audio 3 - Condition Specific Recommendations - If you've been diagnosed with a specific condition, audio 3 gives you specific recommendations, techniques and treatments you may also want to consider. These recommendations are in addition to addressing your imbalances and are explained in great detail.

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Back Pain Component #3: Lose the Back Pain™ Reference Manual

This powerful reference manual is another tool to make sure your pain goes away fast. In it you'll find:

Your **Personal Self-Assessment Worksheet** to make absolutely sure to identify the cause of your pain...

Progress Checklist and Pain-Scales to make sure your pain goes away fast ... Plus you will also receive;

Get all of the assessment information from the video and in written form for fast, easy reference ...

Every one of the corrective exercises for each type of dysfunction and muscle imbalance with pictures and detailed descriptions ...

Over TWELVE pain-reduction strategies you can use immediately to stop hurting ...

And much, MUCH MORE!

How much does back pain help like this cost?

Practically nothing compared to what you've probably already invested in

trying to manage your pain.

One leading chiropractic clinic owner once told me he knows the average patient who walks through his door is will pay \$1,800 by the time their treatment sessions are over. \$1800!!!

And did you know the average senior is paying over \$1,912 a year for prescription drugs — many of which are pain-relievers — and that number is expected to balloon to \$2,810 a year by 2010???

And all for temporary relief???. Instead, you can invest \$39 with no risk on a tested and proven system that's guaranteed to work or it costs you nothing... hopefully you'll agree this is a no-brainer...

Go ahead and add it to your order now... I promise you WILL thank me for this...

(/products/144/thankyou)

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